Appendix K: SFT vs. DFT PCL STUDY POST-OP KNEE EVALUATION FORM – Physical Therapy United States Military Academy, July 2004

Study ID: Today's Date: Physical Therapist:					Follow-up (circle one): 3 mo, 6 mo, 1 yr, 2 yr, 3 yr, 4 yr, 5 yr 10 yr, 15 yr, 20 yr, 25 yr, 30 yr								
1. Heel He	eight Differe	nce:	cm										
2. Range of Motion (Ext/Flex):			Involved:	Involved: passive//				active / /					
			Uninvolve	Uninvolved: passive////			active//						
3. Knee ar	nd Thigh Cir	cumferenc	ee		ny p.ene en	i. IIOA.		nyp. ext. ext	. Hex.				
	<u> </u>			mid-patella		10cm superior		15cm superior					
Involved			1		1		1						
Uninvolv	ed												
			l										
4. Hop Te	sting												
	9			Uninvolved			Involved			% of uninvolved			
			Tr	Trial 1		Trial 2		Trial 1					
Single Leg Hop for Distance													
6 meter Single Leg Hop for Time													
5. Biodex	(attach print								_				
		ncentric QUA 60°/sec (10 re			Concentric H	oncentric HS 0°/sec (10 rep)		Concentric QUADs @ 300°/sec (20 rep)			Concentric HS @ 300°/sec (20 rep)		
	Uninvolved Involved		% of	Uninvolved	Involved	% of	Uninvolved	Involved	% of	Uninvolved	Involved	% of	
	Cimivorved	mvorved	Uninvolved	Omnivorv ed	IIIvoived	Uninvolved	Cimivorved	involved	Uninvolved	Cimivoived	Involved	Uninvolved	
Peak Torque (Ft Pounds)													
6. KT2000) (attach pri			26.11		011 (12.13)							
ĺ		15:	#	20#	1 3	0# (134 New	tons)	Max					

Δ30#: _____ ΔMax: ____

Involved (mm)

Uninvolved (mm)